

LAUNDRY TIPS

simple steps to make your laundry load lighter

GATHER YOUR LAUNDRY SUPPLIES:

Keep your supplies to a minimum to keep your laundry area neat and tidy.

- Laundry Powder or Liquid Laundry Detergent
- Wool Dryer Balls
- distilled white vinegar
- Oxygen Whitener
- small brush
- small piece of chalk

PRE-TREAT STAINS

If you have an oil-based stain use a piece of white chalk and cover with the chalk, covering the stain. The chalk powder absorbs the oil, launder as usual. Just about any other stain will come out with a drop or two of Liquid Detergent and a tablespoon of Oxygen Whitener. Rub in with a small brush and pre-soak or launder as usual. Tough stains on kids clothes? Soak with 1-2 scoops of Oxygen Whitener in hot water and launder as usual.

SOFT + FLUFFY TOWELS

Everyone loves soft and fluffy towels, but if you are adding traditional fabric softener you might be ruining your towels. Fabric softener coats the fibers so they don't get clean and it makes them less absorbent. Switch to ¼ cup of white vinegar/load and Wool Dryer Balls and you'll find that your towels dry more quickly and are soft and fluffy! Don't be afraid to trash your chemical-laden fabric softener. It's harmful for you and your family.

WHITES

Whites can get dingy quickly – add a scoop of Oxygen Whitener to every load and launder on warm or hot to keep your whites white.

COLORS + BRIGHTS

Keep laundry simple laundering colors and brights on cold to keep colors from finding their way to other clothes. Once clothes have been washed a few times you can safely mix colors and whites without worrying about color bleeding – wash on cold.

HARD WATER

Naturally soften your laundry with white vinegar and Wool Dryer Balls. Not only will white vinegar soften your laundry it will keep your washing machine clean and neutralize tough odors. Add about ¼ - ½ cup/load directly to where you'd place your fabric softener. Any vinegar smell will dissipate, customize with 10 drops of your favorite essential oil per 16 ounces of vinegar.